

SOUL LIGHT - Twelve

THE BOUNDLESS SELF (part 2)

To access our Boundless Self we must first reconnect with the many aspects of our Self which we have disowned.

One of our greatest areas of separation is from Nature.
Generally speaking, we no longer see ourselves as part of it – but rather as something distinct, different and alien to it.

Put another way, nature is seen by many of us as alien, different and full of potential dangers.

Nature is no longer our home but a scary, hostile environment to be dealt with reluctantly, if at all.

Many of us prefer not to venture into it. Coffee table photo books are the closest we choose to come.

For others, Nature holds the challenge of conquest – to ride its wildest rapids, climb its highest mountains, cross its most arid deserts, sail its most treacherous seas – and then to imagine that somehow we have mastered it simply because it didn't tip us off the edge into some fathomless ravine....

For most city dwellers in the Western world, Nature is simply ignored until it impacts on our lifestyle.

Rain holds little meaning until we're denied our daily twenty minute showers.

Sun holds little meaning until that golden tan turns into a field of melanomas.

The Winds hold little meaning until we find ourselves in the eye of a cyclone.

The seas are just seas until the only thing we find in them came out of one of our numberless sewerage outlets.

The air is just air until it stings our eyes and sends us stumbling for our nebuliser.

And the earth itself is just dirt until its salt thwarts the very life of our plants.

For many, Nature is still there to be used as we wish.

We capture its animals on film, for zoos and as trophies.

We eradicate species after species of both plant and animal with almost gay abandon.

Often, we artificially manipulate genes for little more than profit.

We desecrate the planet's sacredness with little care for how we affect it – or even for how our unthinking and sometimes arrogant behaviour ultimately affects us.

And still it loves us.

That's because we and Nature are ONE.

There is no Self outside of Nature; at our current level of realisation our Self is no stand-alone being that strides across the Universe as Master of all it surveys....we and Nature are part of the same whole, never apart for even one moment.

It is surely time for us to move back into One-ness.

We surely need to undertake rites of passage to reconnect us with Gaia and the Devic kingdom.

Such rites can take us into a deep and rich relationship with that part of our Boundless Self we call Nature.....

One such method is to undergo a Vision Quest, such as we offer at Heartland.

During this process we rebirth through the womb of Mother Earth and rediscover our connectivity with the spirit realms that surround and intertwine with our own.

We own once again the sacredness of the moon, the nurture of the sun, the ebb and flow of the oceans, the shelter of the forests, the song of the dolphins and the freedom of the eagle.

Please tell me of your own rites of re-connection so that I can share your processes with others.

Love and Blessings,

Les