

SOUL LIGHT - Eighteen

WHOLENESS – THE ENTIRETY OF LOVE

Have you ever realized that wholeness means just that – accepting the whole, the everything?

When we hide away or withdraw from anything at all we're withdrawing from wholeness.

Not withdrawing doesn't mean accepting or validating.

It simply means not rejecting or denying.

It's the path to wholeness.

Is wholeness, therefore, everything – rather than just the sanitized parts?

Yes.

Do we have to embrace it?

No – but accept it, yes.

For example, a gardener says they want every plant in their garden – but then they refuse to have daffodils and geraniums.

This non-acceptance denies their garden its wholeness. Things are missing.

You might say “Hey, Les, I hear you but daffodils aren't exactly destructive like wars and pornography”.

You're perfectly correct but they are all thoughts in a universe created from thought.

Avoidance neutralizes nothing – it just makes large tracts of experience fraught with guilt.

Imprison a thought in your dungeons of denial – and it remains within you, ever ready to escape and corrupt.

Accept it – and then consciously choose not to have anything further to do with it – and you let it go.

Imprisoned thoughts live on.

Released thoughts flow back into the nothingness from which they came.

Let's move on...

Wholeness is the natural recognition that we are safe, no matter what happens to us (or what we think or what we do).

So it's safe to be part of the “big, bad world” out there.

We just choose not to take part in its negative aspects, remembering that those negative aspects are simply our personal perspectives. That's self-empowerment.

We don't need to live in a cave or escape to a monastery.

We don't need to beat ourselves up every time a negative thought enters our head.

For example, I am opposed to war. The Bhagavad Gita, probably Hinduism's holiest book, encourages battle.

The truth is that I and the writer of that story are at different levels of understanding – nothing more.

We're both safe, both eternal, both OK.

Both of us will ultimately return to the Oneness.

Now for the biggie.....

Wholeness is love.

This totality embraces everything within it, knowing all is experienced, thought, felt, sensed and created safely.

I hear you asking already “Hey, Les, are you saying I have to love everything to find wholeness?”.

My answer – you already know it – is YES.

Does that mean all the ‘bad’ and destructive things that happens in the world?

My answer is YES.

Do you have to live it, join it, become part of it? Not at all. None of it.

We’ve already been there, done that. We’ve already moved significantly on.

We simply recognize the negative as dysfunctional states we express during our development – rather like a baby who falls over and breaks things whilst it’s learning to stand. It’s OK. It’ll make it. So will we,

As we develop, we outgrow our current dysfunctions – and instead find new ones for each step of the journey!

We climb ever higher up the ladder toward absolute wholeness.

It’s natural evolution – so sit back, enjoy it, know you’re safe – and love it!

Only when we love who we already are can we truly move up to loving the person we’re becoming.....

Love truly heals ALL.

Love and Blessings,

Les